



## ENGLISH WORKSHEET

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

### Aprendizaje/s Esperado/s que evalúa:

1. Identifican el significado del vocabulario temático de la unidad en relación rutinas diarias y tecnología.
2. Comprenden información específica del texto discriminando información específica de él.

Exigencia: 60% Puntaje Total: 30 puntos 18 puntos = 4,0

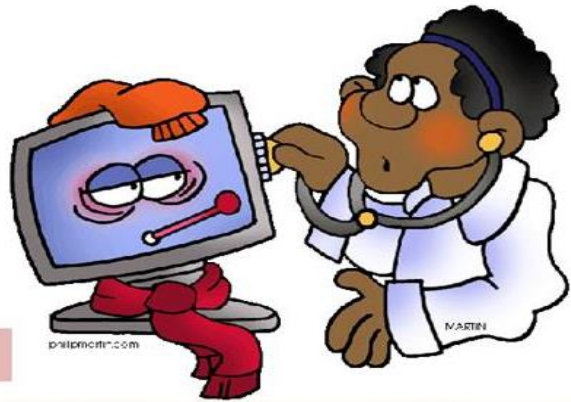
### I. Complete the table with the Spanish meaning for each Daily Routine. (10 PTS)

English/Spanish	English/ Spanish
1. Wake up:	11. Have breakfast:
2. Get up:	12. Have lunch:
3. Take/ have a shower:	13. Have dinner:
4. Brush teeth:	14. Go to work:
5. Get dressed:	15. Go to school:
6. Get shaved:	16. Have lessons:
7. Put on makeup:	17. Read a book:
8. Comb hair:	18. Do exercises:
9. Make the bed:	19. Do housework :
10. Make breakfast:	20. Go to sleep :

### II. Complete the definitions with vocabulary about technology.(10 PTS)

English/Spanish	English/ Spanish
1. Printer:	11. Download:
2. Device:	12. Flat screen TV:
3. Social networks:	13. Browser:
4. keyboard:	14. Copy machine:
5. Typewriter:	15. Loud speaker:
6. Browser:	16. Touch screen:
7. Gadget:	17. Laptop:
8. PDA:	18. Headphones:
9. Password:	19. Smartphone:
10. Cordless phone:	20. Attachment:

# Technology and your Health



Read the following text carefully.

I have believed for a while that mobiles, mobile phone masts and another technology is harmful to our health, due to the exposure of radiation. Scientists at the very least think mobile phones should be used as little as possible. They think it is better to be cautious about using mobiles and a lot of scientists believe **they** are harmful to your health. Mobile phones are particularly bad for children. The phone companies will tell you that they are safe. But remember **they** are selling a product so they are hardly going to put you off buying their product by telling you it is unsafe. Where there is a lot of money involved there tends to be corruption. So don't think that they or the government, who get a tax of the money from the use of masts and mobile phones that are put up, have your best interests in mind.

After all people said that smoking, asbestos, a medication called Thalidomide, pesticides and so on were either safe or wouldn't cause you serious harm. However they were wrong as they caused cancer, disability and terrible illnesses.

I think technology will be to the next generation what drink, smoking and drugs have been to previous generations. In fact research claims mobile phones could kill more people than smoking.

Wireless (wi-fi) can cause headaches, nausea, tiredness and memory loss in some people. Technology can be particularly hazardous if you are sensitive to **it**. We have so much technology now there is 24 hour television, computers, Nintendo games, phones and so on. It is not just mobiles but Dect phones (cordless) too and on top of all this there is wireless as well.

Electrical gadgets in the bedroom can also cause sleep problems. It is best to have no electronic items in your bedroom. But if you can't do without **them** at least make sure you don't have a computer, cordless phone or mobile in **your** bedroom or at least make sure that are turned off. Cordless phones emit a high amount of radiation this is because they have to be on all the time so that the phone can be charged up. If you didn't do **this** the phone wouldn't work. So keep your technology use to a limited amount of time each day. Particularly keep your use of mobile phones to a minimum and use a landline instead, because mobile phones can cause cancerous brain tumours if they are used for a long period of time over the years.

Always remember that your health is very important as you might find you are unable to return to good health once you have lost **it**.

To find out more about protecting yourself from these dangers visit [www.wiredchild.org](http://www.wiredchild.org).

<http://www.childrenswebmagazine.com/Technology%20and%20your%20Health.html> (slightly adapted)

### III. Read the text and write a letter (T) if the information is true, and a letter (F) if the information is false. (10 PTS)

1. \_\_\_\_ Scientist think that mobile phone shouldn't be used for a long time.
2. \_\_\_\_ The text mentions that mobile phone is good for children.
3. \_\_\_\_ Mobile phones could kill more people than smoking.
4. \_\_\_\_ Wireless can cause stomachache, nausea, and memory loss in some people.
5. \_\_\_\_ In this time, we have much technology, for example, television and computers.
6. \_\_\_\_ Electrical devices can produce sleep problems when they are in the bedroom.
7. \_\_\_\_ The text recommends you have technology in your bedroom because you can be more informed.
8. \_\_\_\_ Cordless phones are very safe for people because they don't emit radiation.
9. \_\_\_\_ It's so recommend that people spend time using technology to a limited time each day.
10. \_\_\_\_ Mobile phones can cause cancerous brain tumors if they are used for a long time over the years.